

# High School Girls Hockey Regional Playoffs



**Rosters:** We are now left with 4 Division 1 teams. As per our league meeting we will follow the roster rules of SSNS for the Provincials in all games from here on out. 10 Skaters + Goalie

## 21.7 SSNS Specific Rules

### 21.7.1 Team Rosters

SSNS school hockey teams may dress a maximum of 20 players providing two are goalkeepers; if only one goalkeeper is dressed, the maximum number dressed is 19. Male teams must begin the SSNS tournament with a minimum of 13 skaters and two goalkeepers. Female hockey teams must begin the SSNS tournament with a minimum of ten skaters and one goalkeeper.

## Overtime Rules

All games must be completed in the allotted time frame as per your ice rental.

**Over Time** : If we have **10 minutes or more** of ice left on the **ice clock**; a tie will be broken by a 5 minute straight time, sudden death overtime period, with **three skaters and a goalie**. If no winner is determined, a **shootout** will immediately take place. Each team will use one goaltender and three skaters. The teams will alternate shots on the opposing goaltender until the six players (**combined**) have shot. The team, which scores the most goals, will be the winner. **IF STILL TIED, three different** players will be chosen but this time it is sudden death. Penalty shot rules apply. **Visitors shoot first**. Players who were already used cannot be alternated back into the shootout until all players have shot on the team with the **fewest number** of players.

If there is **less than 10 minutes** on the ice clock at the end of regulation the tie will be broken with a shootout following the rules outlined above. **Teams/ officials must make sure a shootout can occur within their allotted ice time.**